



Eldis 22 EQUIPMENT LIST

CLOTHING:

- Training gear: overall, helmet, belt, gloves and boots
- Wool sweater
- Wool socks
- Enough of warm clothes
- Tracksuit, sneakers
- Disco clothing
- Bathing suit or swimming trunks and a towel
- Cap or other sun protecting headgear
- Rain jacket and rain pants and wellington boots
- Extra clothes for changing + extra shoes (t-shirts, socks and underwear for every day!)

TAKE WITH YOU TOO MUCH CLOTHES RATHER THAN TOO LITTLE!

OTHER IMPORTANT THINGS:

- Sleeping bag or blanket and felt and a pillow (sleeping bag is recommended)
- Sleeping pad (not a swimming mattress or anything similar)
- Cutlery bag: plate, mug, fork, knife and spoon + a small towel to dry them after washing them
- Washing utensils: toothbrush, -paste and -mug, shampoo, soap and other necessary hygiene supplies
- EU insurance card or Kela-card
- Possible medication for e.g., allergy and asthma
- Drinking bottle!!
- Phone charger

TAKE ALSO WITH YOU:

- A happy camping spirit ☺
- Flashlight
- Camping stool
- Repellent for mosquitoes
- Sunscreen
- Pocket money or Visa Electron, because there is a canteen at the camp
- Note material: pen, eraser and a notepad

